

Week One



Junior School Weekly Menu



Week Commencing 5th September

Monday

Tuesday

Wednesday

Chicken Korma
served with basmati rice,
vegetables & naan bread

Roast Pork
with Sage & onion stuffing ball,
apple sauce, roast potatoes
& vegetable duo

Salad Choice

Salad Choice

Apple Crumble
served with custard

Jelly & Cream

Fresh Fruit

Fresh Fruit

Thursday

Friday

Spaghetti Bolognaise
served with a garlic Bread slice

Fish Fingers
served with chunky chips and
Peas or baked beans

Salad Choice

Salad Choice

Chocolate Sponge
served with chocolate sauce

Fruit Wedges & Cookies

Fresh Fruit

Fresh Fruit

Please note; no deep fried foods are available on any day.

Week Two



Junior School Weekly Menu



Week Commencing 12th September

Monday

Cottage Pie
served with a medley of
fresh vegetables

Salad Choice

Fresh Fruit Salad
topped with yoghurt & jam

Fresh Fruit

Tuesday

Chicken & Mushroom
in a creamy white sauce served
with tagliatelle and a crusty roll

Salad Choice

Syrup Sponge
served with custard

Fresh Fruit

Wednesday

Beef Burger in a Bap
in a floured bap, served with baked
wedges and a vegetable duo

Salad Choice

Chocolate Mousse

Fresh Fruit

Thursday

Chicken & Vegetable
Pie
served with new potatoes
and a vegetable duo

Salad Choice

Fruit Crumble
served with custard

Fresh Fruit

Friday

Pizza
served with chunky chips, peas &
sweetcorn or baked beans

Salad Choice

Fresh Fruit Salad
Served with ice cream

Fresh Fruit

Please note; no deep fried foods are available on any day.

Week Three



Junior School Weekly Menu



Week Commencing 19th September

Monday

Beef Curry
served with pilau rice
& poppadoms

Salad Choice

Fresh Fruit Mousse

Fresh Fruit

Tuesday

Meatballs
in a tomato sauce served with
spaghetti and garlic bread

Salad Choice

Apple Pie
served with custard

Fresh Fruit

Wednesday

Lasagne
served with garlic bread and a
vegetable duo

Salad Choice

Jam Sponge
served with custard

Fresh Fruit

Thursday

Roast Chicken
Drumsticks
served with roast potatoes,
carrots and broccoli

Salad Choice

Jelly & Cream

Fresh Fruit

Friday

Salmon Fishcakes
served with chunky chips, peas
and baked beans

Salad Choice

Fruit Wedges & Cookies

Fresh Fruit

Please note; no deep fried foods are available on any day.

Week Four



Junior School Weekly Menu



Week Commencing 26th September

Monday

Chicken Tikka Masala
served with pilau rice
& garlic naan bread

Salad Choice

Fruit Sponge
served with custard

Fresh Fruit

Tuesday

Shepherd's Pie
served with a vegetable duo

Salad Choice

Fruit Wedges
served with yoghurt

Fresh Fruit

Wednesday

Traditional Roast Beef
served with roast potatoes,
vegetable medley and Yorkshire
pudding

Salad Choice

Fruit Crumble
served with custard

Fresh Fruit

Thursday

Pasta Bolognaise
served with garlic bread
and a vegetable duo

Salad Choice

Sultana Sponge
Served with custard

Fresh Fruit

Friday

Breaded Fish Fillet
served with chunky chips, peas
and baked beans

Salad Choice

Fruit Wedges & Cookies

Fresh Fruit

Please note; no deep fried foods are available on any day.